

Paul Hughes Dressage Rider and Trainer



Paul has ridden and competed up to Grand Prix level. He has trained with Carl Hester and is currently training with International Olympic judge Stephen Clarke.

Paul currently competes his own horses at Grand Prix, Prix St Georges and Intermediare I. Alongside this he competes some of his client's horses at Advanced Medium.

He teaches dressage riders and horses at all levels, up to Advanced levels as well as Event riders up to International 4*. Paul is based at Cotton Equestrian Centre in Holmes Chapel and gives lesson there, or does regular clinics at a number of local yards. He also takes horses on full livery for Dressage training.



"I have trained with Paul on and off for 15 years! His ability to work out each horse is fantastic, to get the very best from the horses ability instead of trying to push a horse past its capabilities. I cannot speak highly enough of Paul and his training methods!" NDM

"I cannot believe how Paul has transformed both my horse and I and never believed I could compete in dressage like I do now. I would highly recommend Paul to anyone for dressage training." AG

If you are interested in the Paul Hughes Dressage Clinics at Adlington Equestrian, contact Alison on 07718 724261